Known as the “Lake of the Little Fishes” by the Stoney people, Lake Louise was given its present name in 1994 in order to honor Princess Louise Caroline Alberta, the sixth child of Queen Victoria.

Elevation: Village – 1,540 m (5,052 ft), Lake – 1,731 m (5,680 ft)
1. **LAKE LOUISE VISITOR CENTRE BY SAMSON MALL**

Parks Canada information: (403) 522-3833
Banff / Lake Louise Tourism: (403) 762-8421
Exhibits explain the geology and history of the Canadian Rockies.

2. **LAKE LOUISE: THE LAKE**

5 minutes from the Village of Lake Louise
The view here is famous all over the word, so be prepared for crowds. But walk a mere half a km along the shore and you will find your own peace and quiet.
Public parking: left at the Chateau Lake Louise junction.

3. **MORaine LAKE AND THE VALLEY OF THE TEN PEAKS**

1.5 km (20 min) from the Village
Arrive before 10 am or after 5 pm to avoid the crowds. The road closes from early October to late May.
Note: Larch, Consolation, and Paradise valleys are home to grizzly bears. Hikers must be organized in a tight group of four when exploring the region.

4. **LAKE LOUISE SIGHTSEEING GONDOLA**

4.5 km from the Village: (403) 522-3555
Gondola runs June to September

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**Kootenay National Park**

The park & surrounding areas

**KOOTENAY NATIONAL PARK**

Established in 1920, this park covers a range of terrain, from the glacial peaks along the Continental Divide to the grassy slopes of the Columbia Valley were cactus is plentiful.

Size: 1,406 sq km (543 sq mi)
For more information, visit [www.kootenaynationalpark.com](http://www.kootenaynationalpark.com)
Kootenay National Park (cont.)

Map of the Park and Radium Hot Springs Village

Kootenay National Park is on Mountain Time – 1 HR AHEAD of Pacific Time (and most of B.C.)

Golden
(Village of Radium Hot Springs)

Banff
10
Radium Hot Springs pools

NOT TO SCALE

Village of Radium Hot Springs

Kootenay National Park is on Mountain Time – 1 HR AHEAD of Pacific Time (and most of B.C.)

Golden (98 km from Radium)

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